

Keiyu Hospital Pediatrics

-Allergy Diagnosis and Treatment Guide-



Characteristics

Emphasize early intervention for infants and toddlers at high risk for food allergy

- ✓ Has eczema with itching
- ✓ Has ever had symptoms that suggest a potential food allergy
- ✓ Is avoiding a particular food
- ✓ Has had positive food-specific IgE blood test results

In this case.....

We will aggressively treat all cases, including mild eczema.

We will gradually introduce small, safe amounts of food, avoiding complete elimination unless necessary.

We prioritize cooperation and smooth transitions with your family doctor

- ✓ What if I suddenly run out of medicine until the next appointment?
- ✓ Do I have to see an allergy specialist regularly?

We recommend visiting your family doctor for prescription if you run out of medication or once your symptoms improve. This helps us continue to accept first-time and more severe patients.

Contents

Food allergy

Diagnosis is based on a combination of medical interviews, blood tests, skin tests, and oral food challenges. EpiPen[®] can be prescribed.

Once eczema and asthma are well controlled and symptom-free, we will begin oral food challenges and gradually reintroduce restricted foods.

Atopic dermatitis

Itchy eczema is treated with steroid ointments. Inpatient treatment is available if needed.

Once eczema is under control, maintenance treatment includes intermittent steroid application and topical medications such as Moiselt[®] and Colectim[®].

Bronchial asthma

We assess asthma severity and initiate or adjust preventive treatments to maintain well-controlled asthma.

We explain the condition, aggravating factors, and the importance of long-term management, along with training on proper steroid inhalation techniques.

Allergic rhinitis

Sublingual immunotherapy is available for patients ages 5 and older, upon request.

Physician Information

Yuki Tsumura

Board-Certified Pediatrician, Board-Certified Allergist

Yasumi Yoriki, Hiroyuki Masui, Yuki Shioji

Board-Certified Pediatrician

Allergy outpatient service 13:30-16:30		
First examination or Follow-up examinations for infants		
Monday	Tuesday	1st, 2nd and 5th Thursday
Yoriki, Masui, Shioji Shift system	Tsumura	Tsumura

Education programs 14:00-15:00	
1st Wed Food Allergy	3rd Wed Eczema, Skin care
Tsumura	Yoriki



Appointment

Appointments are required. Please schedule by phone and bring a referral letter.

If you have a preferred physician, please inform us when scheduling your appointment.

Monday - Friday 13:00-17:00
Saturday (2nd • 4th) 8:30-12:30
Regional medical cooperation office
Tel 045-221-8292

To reduce waiting time, please complete the medical questionnaire available on our website or QR code shown below prior to your visit. If possible, print it out and bring it with you.

Pediatric Allergy Center Website
(Japanese)



Pre-Checkup Form
(Japanese)



General

Eczema



Food allergy



Asthma



3-7-3 Minatomirai Nishi-ku, Yokohama-shi, Kanagawa, 220-8521

3 minutes on foot from Exit 2 and Exit 4 of Minatomirai Line